

Products (Pg 1 of 2)



mixes now, or "roll your own" from the ingredients offered below.

- Instant pudding mixes (30 sec) Stir in water and ready to eat.
- Feature healthful guar, cocoa, cellulose, carob, & Sucralose
- Sucralose is FDA approved after more than 110 studies in humans & animals: A safe choice.
- You can get instant diet pudding



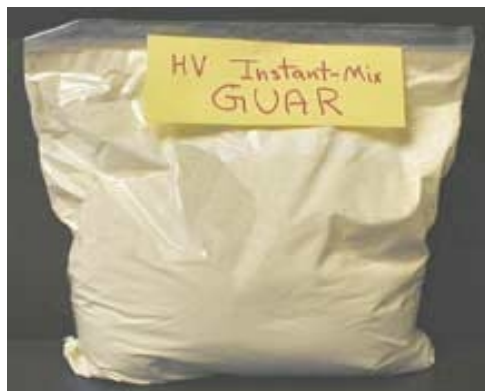
- Satietrol appetite suppressant: *Effective*, easy, inexpensive.
- Proven in human clinical trials
- Based on 30 years research.
- Uses CCK, Guar, Fiber & More.
- Reduces hunger up to 40% for as long as 3.5 hours after a meal.

- No reported side effects.
- Not a stimulant; not a diuretic.
- Does not affect the heart; does not cause diarrhea.
- Does not interfere with absorption of vitamins.
- Effective under continued use; Cost is very low.



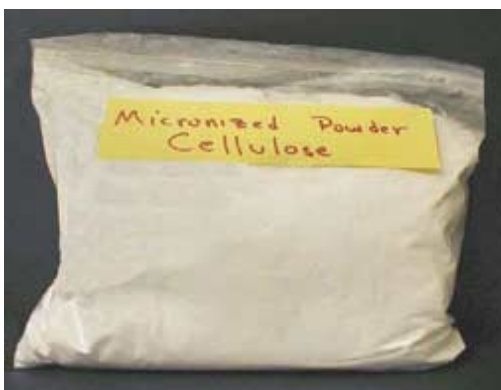
- Saco Cocoa is world renowned for flavor.
- Blended cocoa is bioflavenoid rich.
- Anti-oxidants 2 to 3 times higher than red wine and green tea.
- Enhances energy, mood, & alertness.
- Defatted at only 10 Cal/TBL.
- Inexpensive & available by the carton.

Products (Pg 2 of 2)



- Guar no-cook commercial fine-grind
- High Viscosity (HV) Instant-Mix.
- Healthy dietary fiber (soluble).
- Effective appetite suppressant.
- Thickens and gels at same time.
- Used clinics worldwide (3 Cal/tsp).

- Puddings, pie fillings, sauces, baked goods, dozens uses.



- Cellulose micronized powder no-cook.
- Creates fluffy light textures.
- Essential for mouthfeel & softness.
- Healthy dietary fiber (insoluble).
- Used clinics worldwide (2 Cal/tsp)
- Very effective with guar; satisfies.



- LorAnn natural oils & flavor sampler
- Huge variety 66 different to try.
- Available in larger sizes
- Concentrated & very economical.
- Highest quality brand name.

- Most important: Diet puddings, Satietyl, Cocoa.
- Most energizing: Cocoa (Fine with cold water & sweetener).
- Most experimental fun: LorAnn Oils & Flavors.
- Most satiating (after Satietyl): Diet Puddings, Guar, Cellulose.
- We are not a store, but buy in bulk to supply those interested.
- All items available on a mix & match basis.
- No tax; free shipping (for orders over \$100).